



# SRI SIVA VISHNU TEMPLE

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# 2019-2020

## Ayyappa Mandala Makarotsavam Schedule

### DAILY PUJA SCHEDULE

9:30 am - 11:00 am Ayyappa Puja (Abhishekam, Ashtothra Archana, Deeparadhana)

7:00 pm - 9:00 pm Sahasranama Stotram, Athaazha Puja, Seveli, Harivarasanam

### SPECIAL PUJA SCHEDULE

8:00 am - 10:00 am Irumudi Preparation & Climbing of Holy Steps

9:30 am Suprabhatham

10:00 am Abhishekam

10:30 am Alankaram, Bhajan

11:15 am Sahasranamam, Ashtothram, Ayyappa Ashtakam, Kavacham, Deeparadhana, Namaskaram, Padi Pattu, Deeparadhana, Temple Song

1:00 pm Prasadam distribution

### Saturday, November 16, 2019

9:30 am - 10:30 am Bimba Sudhi

7:00 pm - 8:00 pm Praasadha Sudhi

### Sunday, November 17, 2019

#### MANDALA UTSAVA AARAMBHAM

8:00 am - 9:00 am Ganapathi Homam, **Dwaja Aarohanam**

9:00 am - 1:00 pm **Sahasraabhishekam**, Archana, Deeparadhana

7:00 pm - 9:00 pm **PADI PUJA**, Athaazha Puja, Seveli, Harivarasanam

### Saturday November 23, 2019

8:00 am - 10:00 am Irumudi Preparation & Climbing of Holy Steps

10:00 am - 1:00 pm Special Ayyappa Puja

### Sunday November 24, 2019

8:00 am - 10:00 am Irumudi Preparation & Climbing of Holy Steps

10:00 am - 1:00 pm Special Ayyappa Puja, **PUSHPAALANKARAM**

### Saturday November 30, 2019

7:00 pm - 9:00 pm Bhajan, **PUSHPABHISHEKAM**, Sahasranama Stotram, Seveli, Harivarasanam

### Sunday December 1, 2019

8:00 am - 10:00 am Irumudi Preparation & Climbing of Holy Steps

9:00 am - 1:00 pm Special Ayyappa Puja, **NEIYABHISHEKAM**

### Saturday December 7, 2019

8:00 am - 10:00 am Irumudi Preparation & Climbing of Holy Steps

10:00 am - 1:00 pm Special Ayyappa Puja, **VEDAPAARAAYANAM**

### Sunday December 8, 2019

8:00 am - 10:00 am Irumudi Preparation & Climbing of Holy Steps

10:00 am - 1:00 pm **SPECIAL AYYAPPA IRUMUDI ABHISHEKAM**

Puja will be performed as per daily Puja Schedule

### Saturday December 14, 2019

8:00 am - 10:00 am Irumudi Preparation & Climbing of Holy Steps

10:00 am - 1:00 pm **SPECIAL AYYAPPA IRUMUDI ABHISHEKAM**

Puja will be performed as per daily Puja Schedule

### Sunday December 15, 2019

8:00 am - 10:00 am Irumudi Preparation & Climbing of Holy Steps

10:00 am - 1:00 pm Special Ayyappa Puja, **KALABHAABHISHEKAM**

### Saturday December 21, 2019

8:00 am - 10:00 am Irumudi Preparation & Climbing of Holy Steps

10:00 am - 1:00 pm **Special Ayyappa Puja**

### Sunday December 22, 2019

8:00 am - 10:00 am Irumudi Preparation & Climbing of Holy Steps

10:00 am - 1:00 pm **Special Ayyappa Puja**

### Wednesday December 25, 2019

8:00 am - 10:00 am Irumudi Preparation & Climbing of Holy Steps

10:00 am - 1:00 pm **Special Ayyappa Puja**

### Friday December 27, 2019

#### MANDALA PUJA

7:00 am - 8:30 am Irumudi Preparation

Climbing of Holy Steps

9:00 am - 2:00 pm Nirmalya Darsanam, Abhishekam, **MANDALA PUJA**, Archana, Deeparadhana, **ANNADANAM** by Devotees

6:30 pm - 9:00 pm Bhajan, Sahasranama Stotram, Deeparadhana, Athazha Puja, **Seveli** with **Thalapoli, Bhasmabhishekam**, Harivarasanam

### Saturday December 28, 2019

8:00 am - 10:00 am Irumudi Preparation & Climbing of Holy Steps

10:00 am - 1:00 pm **Special Ayyappa Puja**

### Sunday December 29, 2019

8:00 am - 10:00 am Irumudi Preparation & Climbing of Holy Steps

10:00 am - 1:00 pm **Special Ayyappa Puja**

### Sunday January 5, 2020

8:00 am - 10:00 am Irumudi Preparation & Climbing of Holy Steps

10:00 am - 1:00 pm **Special Ayyappa Puja**

### Saturday January 11, 2020

8:00 am - 10:00 am Irumudi Preparation & Climbing of Holy Steps

10:00 am - 1:00 pm **Special Ayyappa Puja**

### Wednesday January 15, 2020

#### MAKARA SANKRANTHI

8:00 am - 10:00 am Irumudi Preparation & Climbing of Holy Steps

10:00 am - 2:00 pm **Makara Sankramabhishekam**, Archana, Deeparadhana

7:00 pm - 9:00 pm **Thiruvabharanam**, Deeparadhana, Sahasranama Stotram, **Seveli with Thalapoli**, Acharya Sambhavana, Bhasmabhishekam, Harivarasanam, **ANNADANAM** by Devotees

### Thursday January 16, 2020

7:30 pm - 8:30 pm **Malikappurthamma Puja**

### Friday January 17, 2020

7:30 pm - 8:30 pm **Malikappurthamma Puja**

### Saturday January 18, 2020

7:30 pm - 8:30 pm **Malikappurthamma Puja**

### Sunday January 19, 2020

9:30 am - 12:30 pm **Special Kalabha Puja**

### Monday January 20, 2020

7:00 pm - 9:00 pm Bhajan, Dwaja Avarohanam, **GURUTHI PUJA**, Bhasmabhishekam, Harivarasanam

# 2019-2020 SSVT AYYAPPA MANDALA MAKARA SANKRANTI PUJA SPONSORSHIP FORM



Family Name: \_\_\_\_\_  
 Gothram: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
 E-mail: \_\_\_\_\_

First Name	Last Name	Burth Star

Date(s) of Puja	Puja Sponsored	Amount
All Year	All Puja for Season & Monthly Puja	\$ 501.00
11/16/2019 – 01/20/2020	All Puja for Entire Season	\$ 351.00
See Schedule	All Special Ayyappa Puja	\$ 181.00
11/17/2019	MANDALOTHSAVA AARAMBHAM	\$ 61.00
11/17/2019	PADI PUJA	\$ 31.00
11/30/2019	Pushpabhishekam	\$ 31.00
12/27/2019	MANDALA PUJA	\$ 61.00
01/15/2020	MAKARA SANKRANTHI	\$ 61.00
	One Day Weekend Special Puja	\$ 35.00
	One day Regular Puja	\$ 31.00
	Irumudi Materials & Abhishekam	\$ 91.00
	Irumudi Abhishekam	\$ 31.00
	Annadhanam	\$
<b>TOTAL Sponsorship (Check/Cash Enclosed):</b>		\$

*Please make check payable to SSVT*

## AYYAPPA MANDALA - MAKAROTSAVAM

### Austerities and Preparation required for the Pilgrimage to Ayyappa Sannidhi with Irumudi

#### Ayyappa Vratham

Devotees who wish to go to Sabarimala have to observe vratham (follow certain austerities) for one mandalam (41 days) to purify the mind and soul. On the first day of the month of Karthika/ Vrichikam (the middle of November), devotees wear the mudra maala and start the vratham.

#### Manthram to be chanted before wearing mudra maala

*Gjaana Mudraam Saasthru Mudraam Guru Mudraam Namaamyaham*

*Vana Mudraam Sudha Mudraam Rudra Mudraam Namaamyaham*

*Saantha Mudraam Sathya Mudraam Vritham Mudraam Namaamyaham*

*Sabaryaasrama Sathyena Mudraam Paathu Sathaapi Me*

*Gurudakshinaaya Poorvam Thasyaanugraha Kaarine*

*Saranaagatha Mudraakyam Thvan Mudraam Dhaaraayaamyaham*

*Chin Mudraam Khechari Mudraam Bhadra Mudraam Namaamyaham*

*Sabaryaachala Mudraayay Namasthubhyam Namo Namaha*

Devotees wear the mudra maala after chanting the above manthram

#### Manthram to remove mudra maala

*Apoorvam Achaalaroha Divya Darsanakaarana*

*Saasthrumudraath Makaadeva Dehi Me Vrithamochanam*

Devotees remove the mudra maala after chanting the manthram. The mudra maala and Irumudi be kept under the feet of Lord Ayyappa and used again.

*“SWAMIYE SARANAM AYYAPPA”*

#### Important austerities to be observed during vratham

- Observe Brahmacharyam during the vratham
- Always start the conversation with “Swami Saranam”
- Take shower twice daily and chant the names of Lord Ayyappa
- Control your temper and be kind to others
- Consume only freshly cooked vegetarian food
- Do not smoke or consume alcoholic beverages
- Attend Puja either at the temple or wherever conducted
- Treat your body, mind and intellect as the abode of Ayyappa

#### How to prepare irumudi (in brief)

After performing Ayyappa Puja, fill the mudra coconut with melted ghee. If you are a Kanni Ayyappan or Kanni Maalikappuram (first timer), Guruswamy will help you to fill the mudra coconut with ghee. Mudra coconut and other Puja items must be placed in the front pocket of the Irumudi and the other two coconuts must be placed in the rear pocket. Always keep chanting the names of Lord Ayyappa while preparing the Irumudi. Never place the Irumudi on the floor; always place it on a towel and treat it with Bhakthi.

**Irumudi can be prepared at the temple at 8:00 am on Special Puja days. Please use the link below to signup for Irumudi preparation, climbing the 18 Holy Steps, sponsoring for Irumudi Abhishekam, Special Ayyappa Pujas, and Annadhanam.**

#### Irumudi Items

ITEMS	QTY	COMMENTS
<b>I. MUNMUDI (FRONT)</b>		
01. Kanikka panam (coin)	1	-
02. Beetel Leaf	1	-
03. Areca Nut - Supari	1	-
04. Mudra coconut with Ghee	1	The shell has to be polished drained by removing the middle eye of the coconut; find a cork to tightly seal the opened eye
05. Honey	1bottle	Plastic; small
06. Turmeric Powder	1 packet	Small Packet
07. Sandal -		Few tablets or powder
08. Vibhoothi	1 packet	Small Packet
09. Rose Water	1bottle	Plastic; small

#### II. PINMUDI (BACK)

01. Coconut	2(Min)	One to break before climbing Holy Steps and one to break after coming down the Steps after puja
02. Rice	1 packet	Small Packet
03. Avil	1 packet	Extra small zip lock
04. Malar	1 packet	Extra small zip lock
05. Kadali pazham or Jaggery	1	1 small piece
06. Kalkandam (Sugar Candy)	-	Few tablets
07. Dry Grape	1 packet	Extra small zip lock
08. Kumkum	1 packet	Small Packet
09. Camphor	-	Few tablets

**For Further Information Contact: [ssvt.ayyappa@gmail.com](mailto:ssvt.ayyappa@gmail.com)**

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Nivas Thirumalai	(703) 635-4939	<a href="mailto:bttnivas@gmail.com">bttnivas@gmail.com</a> (Irumudi)
Ekambar Bomma	(702) 527-8692	<a href="mailto:ekambar@yahoo.com">ekambar@yahoo.com</a> (Irumudi)
Satya Velivelu	(301) 260-2807	<a href="mailto:svelivelu@yahoo.com">svelivelu@yahoo.com</a>
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Thenappan (Theo) Meyyappan	(443) 756-4466	<a href="mailto:theomeyy@yahoo.com">theomeyy@yahoo.com</a>
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RajRam	(301) 557-0260	<a href="mailto:ramanars@gmail.com">ramanars@gmail.com</a>
Raji Ramesh	(630) 337-3814	<a href="mailto:rajjiram98@gmail.com">rajjiram98@gmail.com</a> (Bhajan)
Sathy Menon	(703) 522-5238	<a href="mailto:sathyagovind@verizon.net">sathyagovind@verizon.net</a> (Bhajan)